

During Your Visit

What to Expect?

Our team consists of pediatricians and education transition specialists. You will meet with one of the team members for about 1.5 hours, followed by a 15 minute break, then meet with the other member of the team. We will want to spend some time speaking with the young adult and parent separately and together to gather the most up to date information about transition planning. At the end of the visit, you and your family will meet with a member of the team to go over some initial recommendations. The total visit will be about 4 hours.

You will:

- ❖ Meet with a pediatrician to review your current health conditions and your medical care team. We will discuss your performance in daily activities, functional communication, and mental well-being. We will help you with care coordination between your medical providers and your family.
- ❖ Meet with a transition specialist from the Secondary Transition Team in the Special Education department at University of Oregon. You will be given some assessments to help determine your goals and interests in education, career, and independent living.

After the Initial Assessment

We will schedule a follow-up phone call about 4-6 weeks later to review the transition goals and identify community partners to help with meeting transition goals. We would like to have a follow-up session every 6-12 months to monitor progress and problem-solve with you. We will be available throughout the year to answer any questions that arise.



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