

Medical Resources



My Health Passport

My Health Passport is a customized, wallet-size card that gives instant access to medical information. It can be used when you go to a new doctor, visit an emergency room, etc.

Website: <https://www.sickkids.ca/myhealthpassport/>

CDRC Neurodevelopmental Clinic

The CDRC provides clinical services for persons with developmental disabilities and other special health care needs through a team approach

- Serves as an education and research center for health professionals
- Serves as the state's Title V Agency for children with special health needs
- Supports the philosophy of partnerships with families, health care providers, and the community

The CDRC has offices and clinical staff in Portland and Eugene. Outreach clinics are offered in communities throughout Oregon.

Website: <http://www.ohsu.edu/xd/health/child-development-and-rehabilitation-center/>

Portland CDRC:

The 7th floor of the Doernbecher Children's Hospital:
Portland Clinical Programs
700 SW Campus Drive
Portland, OR 97239
503 346-0640

Eugene CDRC:

Eugene Clinical Programs
University of Oregon Campus
901 E. 18th Avenue
Eugene, OR 97403
541 346-3575

Living Well with Chronic Conditions

Living Well with Chronic Conditions (the Chronic Disease Self-Management Program, or CDSMP) is a six-week workshop that provides tools for living a healthy life with chronic health conditions, including diabetes, arthritis, asthma and heart disease.

Cost: Some sites may charge a small fee to cover the cost of the course materials, which includes a book.

Website: <https://public.health.oregon.gov/DiseasesConditions/ChronicDisease/LivingWell/Pages/Index.aspx>

Telephone: 541-682-4103

TRANSITION CLINIC

901 e. 18th Avenue, Eugene, OR, 97403
www.transition.org

