

# Mental Health



## Direction Services Counseling

Direction Service is a multi-program, family support agency that provides counseling services specialized for individuals with developmental disabilities.

Website: <http://www.directionservice.org/>

Location: 576 Olive St #307, Eugene, OR 97401

Telephone: 541-344-7303

## Child Development & Rehabilitation Center

CDRC provides psychiatric consultation and psychotherapy for youth with developmental disabilities.

Website: <http://www.ohsu.edu/xd/health/child-development-and-rehabilitation-center/>

Telephone: 503-346-0640

Mental Health Staff:

- Arlene Hagen, MD, Psychiatric consultation for youth with developmental disabilities.
- Raegan Smith, PhD, Psychotherapy, at CDRC, for youth with developmental disabilities (OHP doesn't cover).

## EASA, Lane County

EASA serves young people with psychosis, most of whom are between age 12 and 25. It is a transitional program, serving people for up to two years. Services include:

- Rapid access to psychiatric and counseling services;
- Education about causes, treatment, and management of psychosis; rights in employment, school and housing; and resources;
- Support and education groups;
- Support for vocational, educational, and independent living goals;
- Mentor and volunteer opportunities;
- Events which are both educational and fun in nature

Website: [http://www.easacommunity.org/home/ec1/index\\_main.html](http://www.easacommunity.org/home/ec1/index_main.html)

Office Location: PeaceHealth Medical Group, 1200 Hilyard Street, Suites 540 and 570 Eugene, OR 97301

Office Telephone: 458-205-7070

Mental Health Crisis Telephone: 541-603-6588

## Looking Glass Community Services

Offers a wide range of services aimed toward solving concerns related to educational deficits, behavioral health issues, drug addiction, and homelessness.

Office Address: 1790 W 11th Avenue, Suite 200, Eugene, OR 97402

Phone: (541) 686-2688

Counseling Program Phone: (541) 484-4428

Crisis line: (541) 689-3111

## TRANSITION CLINIC

901 e. 18<sup>th</sup> Avenue, Eugene, OR, 97403

[www.transition.org](http://www.transition.org)

